Breakfast March 2026

(WGR) – Whole Grain (WW) – Whole Wheat (MGR) – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	2 (WGR) French Toast Peaches Milk and Water	3 (WGR) Pancakes Peach Slices Milk and Water	4 (WGR) Waffles Pineapple Chunks Milk and Water	5 Bran Muffins Mandarin Orange Milk and Water	6 (WW) Bagels & Cream Cheese Orange Slices Milk and Water	7 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
8 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	**9** Oatmeal Apple Slices Milk and Water	10 All Bran Cereal Apple Sauce Milk and Water	11 (MGR) Cheerio Cereal Pear Slices Milk and Water	12 English Muffins Banana Milk and Water	13 (WW) Toast & Jelly Apple Sauce Milk and Water	14 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
15 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	16 (WGR) French Toast Peaches Milk and Water	17 (WGR) Pancakes Peach Slices Milk and Water	18 (WGR) Waffles Pineapple Chunks Milk and Water	19 Bran Muffins Mandarin Orange Milk and Water	20 (WW) Bagels & Cream Cheese Orange Slices Milk and Water	21 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup

22 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	23 Oatmeal Apple Slice Milk and Water	24 All Bran Cereal Apple Sauce Milk and Water	25 (MGR) Cheerio Cereal Pear Slices Milk and Water	26 English Muffins Banana Milk and Water	27 (WW) Toast & Jelly Apple Sauce Milk and Water	28 **Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup
29 **Size Servings Ages 1-2** 4 Fluid Ounces Whole Milk Vegetable/Fruit ¼ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup	30 (WGR) French Toast Peaches Milk and Water	31 (WGR) Pancakes Peach Slices Milk and Water				**Size Servings Ages 3-5** 6 Fluid Ounces 1% Milk Vegetable/Fruit ½ Cup Grain ½ Slice/Serving ¼ Cup, ½ Cup ¾ Cup, ⅛ Cup